



Head Start and Early Head Start 2022-2023 Annual Report

Our Agency, Our Program

Child & Family Service (CFS) has been Hawaii's premier family-centered, full-service non-profit since 1899. It has provided comprehensive support services to children and families in Kauai & Oahu for over 36 years. CFS believes the future of Hawaii's communities depends on our ability to foster the health and well-being of our youth and empower our families to make positive changes for successful outcomes. CFS Head Start (HS) and Early Head Start (EHS) services greatly support these efforts.

The CFS Mission:

Strengthening Families and Fostering the Healthy Development of Children

SY 2022-2023 was another great year for our CFS Head Start and Early Head Start program. That is not to say there were no challenges, but we view these challenges as growth opportunities. We seek new partnerships and growth opportunities, encourage staff retention, and allow more children to be served. Despite our staffing shortage, Child and Family Service Head Start and Early Head Start have continued to focus on their mission, "Strengthening Families and Fostering the Healthy Development of Children." The program provided families with educational activities and resources for students.

The challenges of the CFS 2022-2023 school year were staff shortages and under-enrollment.

In June 2022, we received notification from the Office of Head Start that CFS will receive a Focus Area 2 and Classroom Assessment Scoring System (CLASS) review for SY 2023-24.

The CFS Vision:

***Healthy, thriving individuals and families
building multicultural communities
across generations.***

	Funded	Served
Head Start	92	99
Early Head Start	76	49
TOTAL:	168	148

CFS has been providing HS services on Kauai since 2000, and since 2021 on O'ahu, with the 2022-23 school year marking the third year of our five-year grant. Despite the barriers we face, our program continues to make strides in working toward meeting our program's long-term goals. The goals are as follows.

Goal 1: Enhance its Parent, Family, and Community Engagement (PFCE) services by providing an evidence-based model to transition families to economic self-sufficiency, improved health & well-being & quality education.

Goal 2: Provide all children ages 0-5 years with developmentally appropriate, culturally sensitive, high-quality, comprehensive education and support services to fully address their social, emotional, physical, literacy, and cognitive development needs through Classroom, Homebase, and/or Family Child Care options.

CFS continued to offer center-based preschool services at four locations on Kauai, two infant and toddler classrooms on Kauai and Oahu (as described in the table below), and home-based services island-wide, allowing for easily accessible program services.

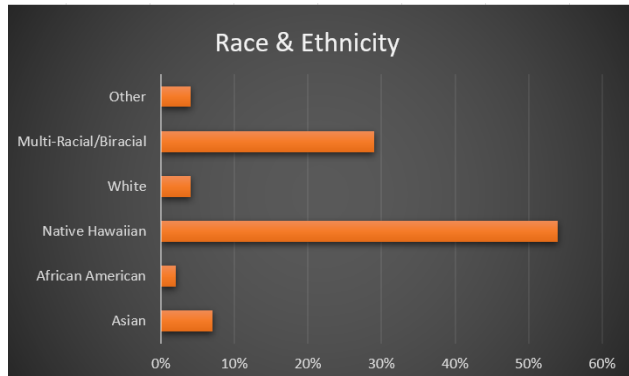
Center	Funded Enrollment	Hours of Operation	Days of Service per week
Kapaa	22	8am-2pm	5
Lihue	22	8am-2pm	5
Kekaha	18	8am-1pm	5
Koloa	18	8:15-1:15pm	5
HS Homevisiting	12		
Kauai Infant/Todder	8	8am-2pm	5
Oahu Infant/Todder	8	8am-2pm	
EHS Homevisiting	60		



Head Start Teacher College Graduation

Participant Demographics

Cumulatively, CFS provided program services to 99 children in HS and 49 in EHS. Of the total 148, the majority of participants were income-qualified.



The ethnic makeup of participants indicated the island's diverse population, with most identifying that the majority (54%) of HS and EHS participants were Hawaiian or Pacific Islander, followed by 29% who were Biracial/Mutli-Racial and 7% Asian. The program supported families of different races and ethnicities with limited English proficiency through bilingual staff and contracted interpreters.

Parent and Family Involvement

CFS HS and EHS comprehensively focus on family engagement and encourage each family's active role in education. Family well-being, connections, and positive, goal-oriented parent-staff relationships promote a child's school readiness. Utilizing the TTS model as a guide, the program staff builds rapport with diverse families living in challenging situations, allowing staff to support each family's basic needs and goals. In establishing family goals, TTS assesses where families are in their current situation, guides family members to develop individual goals, and continuously measures progress on identified goals. TTS also provides accountability measures in successfully moving families toward economic self-sufficiency.

Health Services:

As a comprehensive early childhood education program, CFS HS and EHS recognize healthcare as vital in a child's pathway to school readiness. All children receive health and developmental screenings, time for physical activity, nutritious meals, oral health, and mental health support. Health services include hearing and vision screenings, height, and weight monitoring, and ensuring all children are up to date on their well-child health and oral health schedule. If mental health services are needed, a behavior health specialist professional is available to help staff and families by providing assessments, consultations, and information on effective behavior strategies for implementation in the classroom and at home. To help meet the nutritional needs of the children, the program provides dietician-approved nutritious meals.

At the end of program participation, children with	Head Start	Early Head Start
Health Insurance	100%	100%
An ongoing source of continous, accessible health care	99%	90%
Up to Date agre appropriate preventative and primary health care	67%	10%
Continous, accessible dental care provided by a dentist	91%	57%
Up to Date agre appropriate preventative /primary oral health care or received preventative treatment	66%	0%
Up To Date age-appropriate immunization	74%	24%

Special Needs

In 2022-2023, CFS HS and EHS provided services to 10 children with a diagnosed disability. CFS did not meet the 10% enrollment requirement. The program fell short by 2%, with an enrollment of 8%. HS children were dually enrolled in the Kauai Department of Education Special Education program. At the same time, EHS participants shared enrollment with Easter Seals of Kauai and other Early Intervention Services on Oahu. This allowed children to receive the specialized services needed while also experiencing a learning program with more typically developing children.

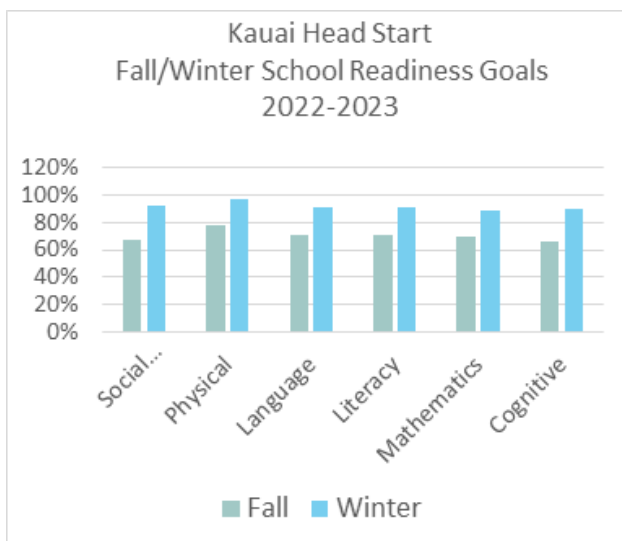
School Readiness and Child Outcomes

CFS Head Start and Early Head Start define school readiness in terms of knowledge and skills children display in five significant areas of development:

- Social and Emotional Development
- Approaches to Learning

- Language and Literacy
- Cognition
- Perceptual, Motor, and Physical Development

Therefore, our goal each year is to promote school readiness by providing developmentally appropriate learning experiences based on the children's individual needs in preparation for kindergarten. As part of our School readiness goals, we have set the expectation that at least 80% of the children we serve will function at the kindergarten level in each domain before entering kindergarten. Additionally, goals align with the program's curriculum and the Kauai Department of Education's kindergarten expectations. CFS HS utilizes Teaching Strategies GOLD to record data. EHS utilizes Frog Street AIMS to measure each child's growth and development, individualize lesson plans, and monitor the program's progress toward achieving School Readiness goals. Using Teaching Strategies GOLD and AIMS also provide continuous quality improvement data, allowing the program to analyze trends, implement program improvements, and evaluate the program's outcomes from year to year. Below is the Head Start outcomes report for SY 2022-2023.



This data demonstrates that the enrolled children continue to progress across all six skill areas, with the percentage increase for those meeting or exceeding expectations ranging between 18%-25%. With continued individualization, implementation, and support provided, children falling below the developmental threshold are expected to continue to make steady gains toward meeting their age range expectations. Recognizing parents and caregivers as a child's primary teacher, HS and EHS support families

in playing an active role in their child's education. They encourage participation in all facets of the program, including management, via the Policy Council. HS Family Advocates are also instrumental in supporting families through the kindergarten transition process to enter elementary school equipped and prepared for their child's next stage of education.

Fiscal Year 2022-23 Revenue

CFS Head Start and Early Head Start's total budget is \$2,120,830.

Funding	Budgeted
Early Head Start Continuation	\$1,024,379
Head Start Continuation	\$1,096,451
T&TA	\$39,547
COLA & Quality Improvement	\$59,186

The fiscal Year 2022-23 Expenditures

CFS Head Start and Early Head Start provide high-quality program services most cost-effectively. Expenditures are reasonable and necessary to meet program requirements and are consistent with meeting programmatic best practices.

The most considerable expense was personnel costs, including salaries, taxes, and fringe benefits. Following personnel costs were Facilities & Repairs, Indirect Administrative Costs, including utilities, unreimbursed classroom meals, mileage reimbursements for staff, etc. Training & Technical Assistance (T&TA) costs are inclusive of out-of-state travel. COLA and Quality improvement funding assisted in providing staff wage increases.

Audit Report

Each year, an independent certified public accounting firm is engaged to complete a full audit of the CFS accounting system and financial statements, last completed for the fiscal year ending June 30, 2023. CFS consistently receives an unqualified report reflecting the soundness of our accounting system and financial records.