



Head Start and Early Head Start 2021-2022 Annual Report

The CFS Mission:

*Strengthening Families and Fostering
the Healthy Development of Children*

Our Agency, Our Program

Child & Family Service (CFS) has been Hawaii's premier family-centered, full-service non-profit since 1899. It has provided comprehensive support services to children and families in Kauai for over 36 years. CFS believes the future of Hawaii's communities depends on our ability to foster the health and well-being of our youth and empower our families to make positive changes for successful outcomes. CFS Head Start (HS) and Early Head Start (EHS) services greatly support these efforts.

SY 2021-2022 was another great year for our CFS Head Start and Early Head Start program. That is not to say there were no challenges, but we view these challenges as growth opportunities. We seek new partnerships and growth opportunities, encourage staff retention, and allow more children to be served. Despite the impacts of COVID-19 this year, Child and Family Service Head Start and Early Head Start have continued to focus on their mission, "Strengthening Families and Fostering the Healthy Development of Children." The program provided families with educational activities and resources for students.

The challenges of the 2021-2022 school year for CFS were the COVID-19 pandemic, staff shortages, under-enrollment, and Mental health well-being of our children, families, and staff which played a significant role in the school day disruptions and feelings of uncertainty at a moment when they need consistency, everyday routines, and stability.

The Office of Head Start Conducted a Focus Area One monitoring review in February 2022. The Results of the Focus Area One monitoring review showed no deficiencies.

	Funded	Served
Head Start	92	98
Early Head Start	76	41
TOTAL:	168	139

CFS has been providing HS services on Kauai since 2000, and the 2021-22 school year marked the second year of our five-year grant. Despite the barriers we continued to face during the pandemic, our program continues to make strides in working toward meeting our program's long-term goals. The goals are as follows.

Goal 1: Enhance its Parent, Family, and Community Engagement (PFCE) services by providing an evidence-based model to transition families to economic self-sufficiency, improved health & well-being & quality education.

Goal 2: Provide all children ages 0-5 years with developmentally appropriate, culturally sensitive, high-quality, comprehensive education and support services to fully address their social, emotional, physical, literacy, and cognitive development needs through Classroom, Homebase, and/or Family Child Care options.

Center base and home visiting

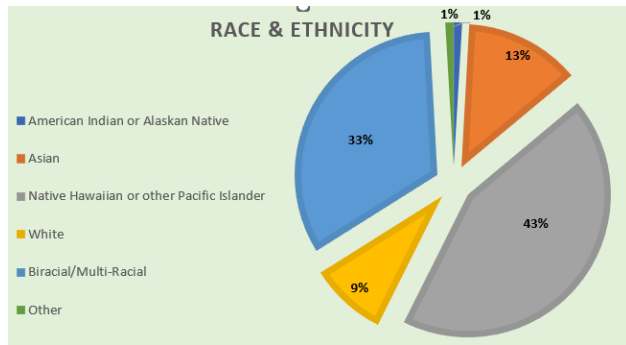
March 1, 2022 was the official first day of the EHS Expansion launch. Funded enrollment for the school year started at 128 students and increased to 168 by March 2022. Of the 168 available slots, 92 were for HS preschool children and 76 were for EHS infants, toddlers, and a maximum of six pregnant women at any given time. During this school year, we opened our classroom doors and provided face-to-face services to our families. There were some limitations at the beginning of the school year due to County, State and Federal COVID 19 restrictions with some restrictions lifting towards the end of the school year. We continue to pursue our expansion of our Infant & Toddler centers on Kauai and O'ahu. There has been a delay in opening our Infant Toddler centers on Kauai and O'ahu due to permitting and renovations of the facilities. This has impacted our program from meeting full enrollment.



Early Head Start and Head Start Staff

Participant Demographics

Cumulatively, CFS provided program services to 98 children in HS and 41 in EHS. Of the total 139, the majority of participants were income qualified.



The ethnic makeup of participants indicated the island's diverse population, with most identifying that the majority (43%) of HS and EHS participants were Hawaiian or Pacific Islander, followed by 33% who were Mutli-Racial and 13% Asian. The program supported families of different races and ethnicities with limited English proficiency through bilingual staff and contracted interpreters.

Parent and Family Involvement

CFS HS and EHS comprehensively focus on family engagement and encourage each family's active role in education. Family well-being, connections, and positive, goal-oriented parent-staff relationships promote a child's school readiness. Utilizing the TTS model as a guide, the program staff builds rapport with diverse families living in challenging situations, allowing staff to support each family's basic needs and goals. In establishing family goals, TTS assesses where families are in their current situation, guides family members to develop individual goals, and continuously measures progress on identified goals. TTS also provides accountability measures in successfully moving families toward economic self-sufficiency.

Health Services:

As a comprehensive early childhood education program, CFS HS and EHS recognize healthcare as vital in a child's pathway to school readiness. All children receive health and developmental screenings, time for physical activity, nutritious meals, oral health, and mental health support. Health services include hearing and vision screenings, monitoring height and weight, and ensuring all children are up to date on their well-child health and oral health schedule. If mental health services are needed, a behavior health specialist professional is available to help staff and families by providing assessments, consultations, and information on effective behavior strategies for implementation in the classroom and at home. To help meet the nutritional needs of the children, the program provides dietician-approved nutritious meals.

At the end of program participation, children with...	HS	EHS
Health Insurance	99%	93%
An ongoing source of continous, accessibel health care	92%	93%
up to date age appropriate preventative and primary health care	76%	27%
Continous, accessible dental care provided by a dentist	90%	88%
Up to date age appropriate preventative/primary oral health care or received preventative treatment	35%	76%
Up-to-date age-appropriate immunizations	56%	82%

Special Needs

In 2021-2022, CFS HS and EHS provided services to 16 children with a diagnosed disability. This is less than previous years, thus requiring the program to request a disabilities waiver. HS children were dually enrolled in the Kauai Department of Education Special Education program. At the same time, EHS participants shared enrollment with Easter Seals of Kauai and other Early Intervention Services on Oahu. This allowed children to receive the specialized services needed while also experiencing a learning program with more typically developing children.

The CFS Vision:

*Healthy, thriving individuals and families
building multicultural communities
across generations.*

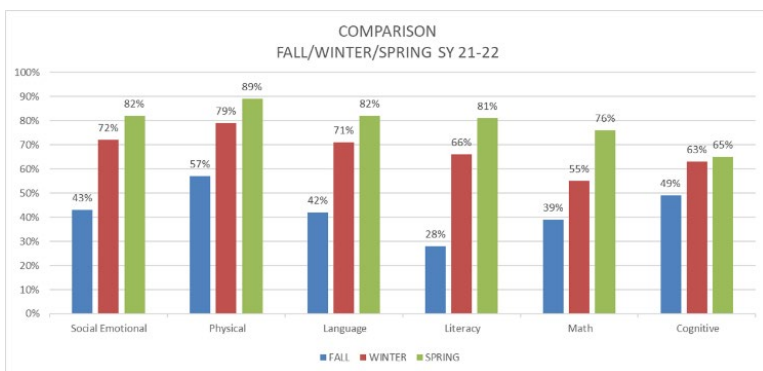
School Readiness and Child Outcomes

CFS Head Start and Early Head Start defines school readiness in terms of knowledge and skills children display in five significant areas of development:

- Social and Emotional Development

- Approaches to Learning
- Language and Literacy
- Cognition
- Perceptual, Motor, and Physical Development

Therefore, our goal each year is to promote school readiness by providing developmentally appropriate learning experiences based on the children's individual needs in preparation for kindergarten. As part of our School readiness goals, we have set the expectation that at least 80% of the children we serve will function at the kindergarten level in each domain before entering kindergarten. Additionally, goals align with the program's curriculum and the Kauai Department of Education's kindergarten expectations. CFS HS utilizes Teaching Strategies GOLD for recording data. EHS utilizes Frog Street AIMS to measure each child's growth and development, individualize lesson plans, and monitor the program's progress toward achieving School Readiness goals. Using Teaching Strategies GOLD and AIMS also provide continuous quality improvement data, allowing the program to analyze trends, implement program improvements, and evaluate the program's outcomes from year to year. Below is the Head Start outcomes report for SY 2021-2022. Despite the challenges brought on by the pandemic, all goals were met in each area excluding Math and Cognitive areas. We are confident that these areas will improve with the decrease in COVID 19 restrictions and modifications we have put in place for the upcoming year.



Recognizing parents and caregivers as a child's primary teacher, HS, and EHS support families in playing an active role in their child's education. They encourage participation in all facets of the program, including leadership and management through our Policy Council. HS Family Advocates are also instrumental in supporting families through the

kindergarten transition process to enter elementary school equipped and prepared for their child's next stage of education.

Fiscal Year 2021-22 Revenue

CFS Head Start and Early Head Start's total budgets was \$2,361,389. Below is a breakdown of the funding:

Funding	Budgeted
Early Head Start Continuation	\$1,019,119
Head Start Continuation	\$1,083,236
T&TA	\$39,547
COLA	\$18,475
ARPA	\$201,012

The fiscal Year 2021-22 Expenditures

CFS Head Start and Early Head Start provide high-quality program services most cost-effectively. Expenditures are reasonable and necessary to meet program requirements and are consistent with meeting programmatic best practices.

The most considerable expense was personnel costs, including salaries, taxes, and fringe benefits. Following personnel costs were Facilities & Repairs, Indirect Administrative Costs, including utilities, unreimbursed classroom meals, mileage reimbursements for staff, etc. Training & Technical Assistance (T&TA) costs are inclusive of out-of-state travel. ARPA funding from the Office Head Start assisted in supporting purchasing PPE items for the program, facilities repairs, playground improvements and staff retention.

Audit Report

Each year, an independent certified public accounting firm is engaged to complete a full audit of the CFS accounting system and financial statements, last completed for the fiscal year ending June 30, 2022. CFS consistently receives an unqualified report reflecting the soundness of our accounting system and financial records.

CFS partners with Hawaii's families to help them address serious life issues with life-changing results. We believe that positive change can happen. We help families move from the impossible to the possible to new possibilities. We instill hope that gives people the courage to change!